

CLASSICAL CONDITIONING

Directions: *Identify the UCS, UCR, CS, CR by underlining the corresponding segment in each sentence. Also, be sure to indicate examples of extinction, generalization, and discrimination within the sentences by double underlining those segments. Not all the statements below contain examples of extinction, generalization, or discrimination.*

EXAMPLE:

Robert has been receiving chemotherapy. After each session, Robert vomits. A year later, Robert's cancer has gone into remission, however, the mere sight of a treatment room causes Robert to become sick and vomit. This only happens in the chemotherapy room.

CR

DISCRIMINATION

1. Whenever you see a scary movie you feel scared. Whenever you watch a scary movie, you always eat a box of thin mints. Now you find that just seeing thin mints makes you feel scared.

2. Every time you take a shower, someone in the house flushes the toilet causing the water to turn cold. As a result, you become cold. Now every time you hear a toilet flush, you get cold. The same thing happens when you hear a faucet run.

3. In order to treat bedwetting, a pad that is sensitive to dampness is placed under the sheets. When the pad becomes wet, it sounds an alarm and you wakeup. Eventually, you don't need the alarm to wake up; rather, your full bladder will wake you up.

4. Your significant other often yells at you and makes you feel bad. When you see this person they make you very angry so you decide to end the relationship. You meet another person who looks like your ex. Although they seems nice, you find yourself hating them for no reason every time you are around them.

5. It is springtime and the pollen from the flowers causes you to sneeze. Soon, when you see a flower, you sneeze.
6. Jack goes to the doctor to have blood taken. When the needle is inserted, Jack feels pain. Now, when Jack sees a doctor he becomes uncomfortable. As it turns out, Jack feels the same way whenever he sees someone in a white lab coat.
7. Tim has a fluffy down pillow. Often, feathers stick out of the pillow and they tickle Tim's nose causing him to sneeze. Now, each time Tim rests his head on the pillow, he sneezes. This only happens when Tim sleeps on his own pillow.
8. When you see food, you become very hungry. Now, each time you walk into your kitchen, you become hungry. After a while, you find yourself becoming hungry anytime you walk into a kitchen.
9. Your good friend, Joe, orders a meatball pizza. He loves meatball pizza! He also decides to order a beer. After dinner, Joe becomes very sick. Now, every time Joe sees a meatball pizza, he gets a sick feeling in his stomach. This only happens when Joe sees a meatball pizza.
10. You meet Jenny who is an excellent cook. She cooks great meals and you enjoy them. After having her bring your meals to you, you find that you like her as much as you like the food. You only feel this way around Jenny.